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Dr. Anu Balhara is B.A. English (Hons.), M.A. (English), M.Ed., Ph.D. (Education), JRF & NET June, 2005 qualified in Education. She has about 14 years of teaching experience. Three research scholars have been awarded Doctoral degree under her able guidance. She has supervised many M.A., M.Ed. and M.Phil. dissertations. She has published research papers in various journals of national and international repute. She has attended and presented papers in various national and international seminars and conferences. She has also organised seminars and conferences. She has written one book on Maharishi Dayanand Saraswati.She was developed two psychological Tools. She has published research papers on various repute national and international journals.